

Historic, Archive Document

Do not assume content reflects current scientific knowledge, policies, or practices.

Housekeepers' Chat

Wednesday, July 23, 1930

Not for Publication

Subject: "Is Quarreling Necessary?" Information from Edith D. Dixon, Extension Service, N. J. College of Agriculture; menu and recipe from Bureau of Home Economics, U. S. D. A.

--60000--

I'm going to turn the meeting over to a child specialist this morning -- to Edith Dixon, of the New Jersey College of Agriculture. That is, I'm going to broadcast a piece by Miss Dixon, entitled: "Is Quarreling Necessary. After we find out the answer to this weighty question, I'll broadcast a menu, and a newly-tested good recipe for Fish Chowder.

Just a minute, before Miss Dixon takes charge. Here's a verse I've been saving to read on a children's day. It's one of Keith Preston's, called

Responsible William

"Yes, sir!" says Willy, "I was wild!
But it does sober up a child
To have to show his parents how
A fellow should be brought up now.

"I have to show ma how to win me
And help the old man discipline me;
I tell you it is no child's play
To train the parents of today."

Well -- so much for Willy. Now we'll return to serious business. As every parent knows, bringing up children is a serious business, and if anyone can tell us how to make it easier, we're willing to listen.

Miss Dixon, commenting on quarrelsome children, says that a certain amount of conflict between children in the same family is inevitable, and that the problem for parents to face is not how to stop it, but how to direct it into healthy channels.

"Conflict," she says, "is stimulating to growth. The disagreement between individuals should progress from quarrelling, based upon selfish motives, to discussion, with a desire to get the other person's point of view; in other words, from war to arbitration.

"A mother writes: 'My boy of 9 is continually teasing his 5-year-old sister. He likes to annoy her, then laugh when she whines or cries.' What is

THE UNIVERSITY OF CHICAGO

THE UNIVERSITY OF CHICAGO
CHICAGO, ILLINOIS

CHICAGO

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

CHICAGO, ILLINOIS

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

CHICAGO, ILLINOIS
CHICAGO, ILLINOIS

the motive behind the teasing of this boy? There are many possibilities but we have space to consider only one.

"Is this boy getting his satisfaction from feeling his power over his sister? If she whines and cries, she is admitting that he can make her uncomfortable. Is it a legitimate desire, this wishing to feel superior? The psychologists tell us that we are born with it, so there is no use in trying to eradicate it. In fact, it is valuable and necessary since it is the drive which stimulates us to do our best. But we would agree that this desire, exercised at the expense of others, is not legitimate.

"What this boy needs to realize is that there are better ways of feeling superior to his sister than by making her uncomfortable. He needs to be aroused to a more grown-up attitude toward her by protecting her when taking her out, by making or doing things for her which she cannot do for herself; and to be helped to see that by teasing her he is taking advantage of a younger child, which is cowardly and unmanly.

"But in any quarrelling situation, one child is never entirely to blame. Is the sister bringing the teasing upon herself, in order to get attention and affection from the parents and bring criticism upon her brother? This would help her to feel superior to him in the eyes of the parents. Should the boy by any chance feel that his sister stands higher in the affection of the parents, it would tend to make him want to tease and bully her as the only way in which he could bolster up his self-esteem.

"If we want children in the same family to have affection for each other, we must help them to face their motives frankly, not through criticism and scolding but through friendly and sympathetic discussion. By talking over with them their difficulties, and assuming that they wish to do the right thing, and co-operate in making a happy home atmosphere, we can build up between parent and child the confidence necessary to improve the situation," concluded Miss Dixon.

And now we're ready for the menu. Fish Chowder is our main dish, with Oven-Toasted Bread; Fruit Cup; and Sugar Cookies.

I know there's a recipe for Fish Chowder in the Radio Cookbook, but the Menu Specialist says this one is much better. So we'll just copy this one down, and substitute it for the old one. Ten ingredients, for Fish Chowder:

1-1/2 pounds fresh cod, haddock, or any other large fish	1 onion, chopped
2 cups diced potatoes	2 tablespoons flour
1 cup diced carrots	1 pint milk
1 quart water	Salt
1/4 pound salt pork, diced	Pepper

Ten ingredients, for Fish Chowder: (Repeat).

Cut the fish into small pieces, Remove the bones and skin. Cook fish, potatoes, and carrots in the water for 15 minutes. Fry the salt pork until crisp. Remove from the fat. Cook the onions in the

fat until yellow. Add the flour. Stir until well blended, and add the milk. Add this mixture to the fish and vegetables, add salt and pepper to taste, stir frequently, and simmer for 10 minutes longer. Add more seasoning if necessary, and serve over crackers.

To repeat the menu: Fish Chowder, Oven-Toasted Bread; Fruit Cup; and Sugar Cookies.

Tomorrow: "A Beefsteak of U. S. Good Steer."

~~#####~~

